

Recorded by Taxi 109

## **I-TAL FOOD**

Music by Gino CANINI / Lyrics by Fabio BONALDO

Ital food makes mi shining Mi love di fruits of di growing  
Ital food feeling irie Mi love di bass of dis style  
Rise and beans D'you know what I mean  
People don't forget that you are what you eat  
Life is good If you don't change your mood  
Love and guidance and a betta food  
And you will be clean everyday  
Food to eat and a plays to stay  
Itis a good choice for your life  
Really brethren change your style  
Wadadah to drink and vegetable free  
Fish and salad and a less of meat  
C'mon brethren now u move your feet  
Stand up sistren  
Ital food makes mi shining Mi love di fruits of di growing  
Ital food feeling irie Mi love di bass of dis style  
Rise and beans D'you know what I mean  
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